

I Got Peace Like a River



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Would you like a ***SUPER*** HUMAN Body?

“Beyond what is human; with a higher nature and greater powers than human.”

Phil 3:21 [Jesus] “Will transform the body of our humble state into conformity with the body of His glory.

No pain (Rev 21:4)

Can't die (1 Cor 15:42)

Glorious, Powerful (1 Cor 15:43)

Spiritual bodies (1 Cor 15:44)

Body like deity (1 John 3:2)

Pass thru space (1 Thes 4:17)

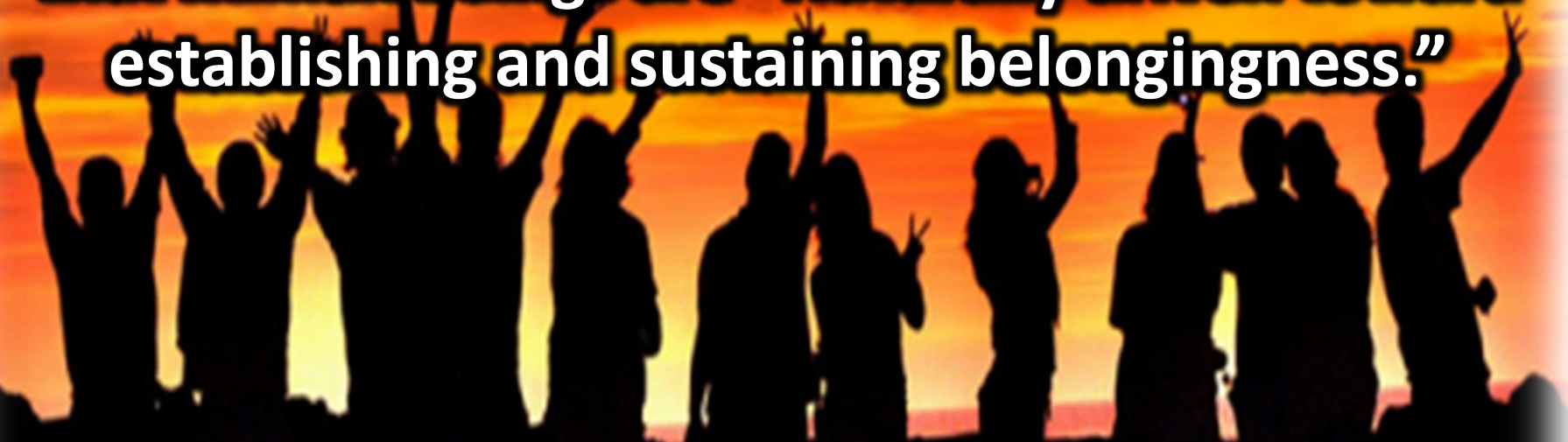
(Phil 4:1) “Therefore”

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Phil 4:1 My beloved brethren whom I long to see, my joy and crown...



Psychology Today: cites Baumeister & Leary claim that human beings are “Naturally driven toward establishing and sustaining belongingness.”



Aaron Ben-Zeév, PhD; In the Name of Love.
Why we all need to Belong to Someone. Mar 11, 2024

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(Phil 4:2) I urge Euodia and I urge Syntyche to *live in harmony in the Lord.*

Prominent Christians, *active* in evangelism.

A *chronic* problem and Paul intervened from Rome.

Ambition; Competition; Mind-reading; Expectation; Crystal-Ball reading; Jealousy; Body language; Pride; Disapproving Looks; Gossip which hurts everybody.

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Keys to Communication

1. Always Show **Respect** !

Words, Tone, Body Language

(Col 4:6; Eph 5:33; 1 Pet 3:7; Prov 15:1)

2. Never **Yell** (except in sports or emergencies).

Express anger in appropriate words not volume !

(Eph 4:31 Clamor = Shouting, Screaming. *Louw*)

3. Don't **Interrupt** (Even if their facts ain't right).

(Prov 18:13) Give answer before hears – shame &

(Jas 1:19) Let everyone be swift to hear, slow to ...



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Keys to Communication

4. When You are Wrong, **Admit it!**

It's uncomfortable, but wins real points.

(Prov 13:18^b) He who regards reproof – honored.

(Prov 15:33^b) “Before honor comes humility.”

(1 Sam 24:17) “You are more righteous than I.”



5. Don't “Argue” late at night, **Yer Too Tired!**

You go round and round and can't think straight.

Everything looks bleak and unsolvable.

(Eccles 3:1,7) A time to speak & time to be silent.

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6. Quit Trying to **Mind-Read**.

Psychics can't do it.
Neither can you.

(1 Cor 2:11) For who among men [Anthropos] knows the thoughts of a man *except the spirit of the man*, which is in him?

Men: U Got'ta **ASK !**



Women: We can't **Read your minds !**

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7. **Negotiate** Your Differences.

Shows wisdom, not weakness.

(Dan 1:8-10) “Test your servants.. Ten days”

(Judg 4:8-9) “If you will go with me.. I will go..”

**LOVE, HONOR,
AND NEGOTIATE**



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Phil 4:4 **Rejoice**
in the Lord always.

Rejoice: [chair-ete]
Be calmly happy.

Rom 8:28 For good

Phil 4:13 I can do

Ps 31:15 My times

Gal 5:22 Fruit of Sp

Times to **cry.**

Rom 12:15

Times when

depressed.

2 Cor 7:6

Joy is a mindset rather than a
particular set of circumstances.



What Do You Want to be Like?



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Phil 4:5 Let your **forbearing spirit** be known
to all men.

Fair, gentle *Thayers.*

Moderate, Kind. *Kittle.*

Showing restraint. *Barnes.*

Not quarrelsome, harsh, not insisting on own rights,
in the workplace, at home, with Christians, on road.



Phil 4:5 The Lord is **near.** (Matt 28:20) I am with
you always, even to the end of the age.

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6 *Be anxious for nothing*, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.



7 *And the peace of God*, which surpasses all comprehension, shall guard your hearts & your minds in Christ Jesus. *(Mt 6:25-31)*

This is not a “care-free” life. Don’t let your thoughts take away your strength, your confidence or your life!

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What do you do when you feel **Anxious?**

Jesus *prayed* (Luke 22:44) “Being in agony
He was praying very fervently.”

Paul *prayed & sang* (Acts 16:25) about midnight.

In danger I *pray & compose myself with Scripture*
(Ps 23:4 Valley of Shadow; Ps 18:2 Rock, Fortress).

Glenda sings, reads scripture and lays the Bible
open to Ps 23 on my pillow; then sleeps. (Ps 3:5)

Do you want “Peace like a River? (Isa 48:18)

You can have that in Christ ! (John 16:33)